



# MANHATTAN MILE

## Manhattan Beach • July 12, 2026 7AM



**ALL PARTICIPANTS WILL RECEIVE A T-SHIRT**

### AWARDS:

1 Mile Run • 1st Overall Male/Female Winners

- 1ST PLACE.....\$1,000
- 2ND PLACE.....\$750
- 3RD PLACE.....\$500

### OTHER AWARDS

- Top 3 male & female in each age division

We Thank Our Sponsor!



### TIMES

Late Registration: 6:00am  
Races Begin at 7:00am

Pre-Race Packet Pick-Up  
July 11 • Noon- 6pm @ the Village Runner in Manhattan Beach

### COURSE:

- Start/Finish Live Oak Park
- Net Downhill Road Course



### Payment Information

(MAKE CHECK PAYABLE TO)

**VR Promotions and Events**

**MAIL TO:**

**318 Ave I #509  
Redondo Beach, CA 90277**

### RACE HOTLINE

**310-546-1888**

For More Info & to Register Online visit:  
[WWW.VILLAGERUNNER.COM](http://WWW.VILLAGERUNNER.COM)

**START & FINISH AT** Live Oak Park Manhattan Beach

## MANHATTAN MILE

### ENTRY FORMS & FEES (ok to copy)

**ONE MILE RUN \$35 Until 6/29/26 \$45 Starting 6/30/26**

DIVISIONS (please check one)  
Top 3 in each division receive awards.

- Men's Race Starts at 7:00 am
- Women's Race Starts at 7:15 am

### DIVISIONS (CHECK ONE)

TEAM NAME: \_\_\_\_\_

M	F	M	F	M	F
<input type="checkbox"/> 8 & Under	<input type="checkbox"/>	<input type="checkbox"/> 35-39	<input type="checkbox"/>	<input type="checkbox"/> 65-69	<input type="checkbox"/>
<input type="checkbox"/> 9-12	<input type="checkbox"/>	<input type="checkbox"/> 40-44	<input type="checkbox"/>	<input type="checkbox"/> 70-74	<input type="checkbox"/>
<input type="checkbox"/> 13-17	<input type="checkbox"/>	<input type="checkbox"/> 45-49	<input type="checkbox"/>	<input type="checkbox"/> 75-79	<input type="checkbox"/>
<input type="checkbox"/> 18-24	<input type="checkbox"/>	<input type="checkbox"/> 50-54	<input type="checkbox"/>	<input type="checkbox"/> 80 & Over	<input type="checkbox"/>
<input type="checkbox"/> 25-29	<input type="checkbox"/>	<input type="checkbox"/> 55-59	<input type="checkbox"/>		
<input type="checkbox"/> 30-34	<input type="checkbox"/>	<input type="checkbox"/> 60-64	<input type="checkbox"/>		

Sex F [ ] M [ ]

Birthday \_\_\_\_/\_\_\_\_/\_\_\_\_

Age (on race day) \_\_\_\_\_

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip code \_\_\_\_\_

Telephone \_\_\_\_\_ Email Address (please print) \_\_\_\_\_

In consideration of the acceptance of my entry, I the undersigned, my heirs, assigned executors and administrators hereby waive, release and discharge any and all rights of claims for personal injury, death or property damage which I may have or which may hereafter accrue as a result of my participation in, travel to or from the above subject event. This release is intended to discharge in advance the City of Manhattan Beach, the City and County of Los Angeles, VR Promotions and Events, all promoters and sponsors or any individual or entities associated with the above subject event from and against any and all liability arising out of or connected in any way with my participation in said event, even though that liability may arise out of negligence or carelessness on the part of the persons, groups or entities mentioned above. I hereby attest and verify that I have full knowledge of all risks involved in this event and am physically fit to participate in said event. In the event of accident, injury or illness of the above named participant, consent is hereby given to any x-ray examination, anesthetic, medical or surgical diagnosis or treatment and hospital care which is deemed advisable by and is to be rendered under the general or special supervision of any physician and surgeon. I hereby agree to release to the race promoter full exclusive rights to record my performance in said race on film, videotape, or still photography for use without compensation.