

30<sup>TH</sup> ANNUAL

village runner

4TH OF JULY

5K RUN/COMMUNITY WALK

REDONDO BEACH - JULY 4TH, 2023

TIMES

Late Registration: 6:30 a.m.
5K Run/Community Walk: 8 a.m.
Kids Dash: 9:30 a.m.
Pre-Packet Pickup: July 3 • Noon-6 p.m.
@ the Village Runner in Redondo Beach

FIRECRACKER

DASH AGES 4-9

SPONSORS

UCLA Health



dogtopia DAYCARE sweetgreen

AWARDS

5K Run • 1st Overall • Male/Female Winners
1st Place.....\$200
2nd Place.....\$125
3rd Place.....\$75
Top 3 in each age division receive medals
KIDS DASH- All kids receive medals

RACE HOTLINE

(310) 375-2626

RACE HEADQUARTERS

Make check payable to: Village Runner Racing
Drop off or mail to:
255 Avenida Del Norte
Redondo Beach, CA 90277

For more info & to register online visit
WWW.VILLAGERUNNER.COM

4TH OF JULY

ENTRY FORM & FEES (OK to Copy)

5K Run/Walk \$40 After 6/05/23 \$45
Kids' Dash \$40 After 6/05/23 \$45

Fees are non-refundable

EVENT (Please check one)

5K Run / Walk 1/4 Mile (8-9) 1/4 Mile (6-7) Dash (4-5)
9:30 a.m. 9:40 a.m. 9:45 a.m.

DIVISIONS (Check one)

M F M F M F
8 & Under 35-39 65-69
9-12 40-44 70-74
13-17 45-49 75-79
18-24 50-54 80 & Over
25-29 55-59
30-34 60-64

Registration form fields: First Name, Last Name, Address, City, Zip Code, Telephone, Email Address, Sex, Birthday, Age (on race day)

WAIVER FORM: Entree without signed Waiver Form will be returned. This waiver contains limitation of your legal rights. Your Signature below means you and/or your parent/guardian has read it and agrees with the statement below:
WAIVER: In consideration of my, and/or my dependent's participation in the Village Runners 4th Of July Run/Community Walk and Kids' Dash, I hereby release and hold harmless The City of Redondo Beach, Village Runner, Village Runner Racing, USATF all of its sponsors, their affiliates, agents, servants, employees, volunteers, assigns successors, and heirs or distribution and all officials concerned for any acts, omissions, or negligence which may result in any bodily injury (including death) and/or property, loss of damage incurred by me arising out of or in connection with my and/or my dependent's participation in this event. I warrant that I and/or my dependent are in good health and have trained sufficiently for this event. I willingly assume any risk inherent in entering this event. This waiver extends to all claims of any kind and nature whatsoever, whether known or unknown. Further, I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for legitimate purposes.