

31<sup>ST</sup> ANNUAL

village  
runner

4TH OF JULY

# 5K RUN/COMMUNITY WALK

## REDONDO BEACH - JULY 4TH, 2024

### TIMES

Late Registration: 6:30 a.m.  
5K Run/Community Walk: 8 a.m.  
Kids Dash: 9:30 a.m.  
Pre-Packet Pickup: July 3 • Noon-6 p.m.  
@ the Village Runner in Redondo Beach

### FIRECRACKER DASH

AGES 4-9

### AWARDS

5K Run • 1st Overall • Male/Female Winners  
1st Place.....\$200  
2nd Place.....\$125  
3rd Place.....\$75  
Top 3 in each age division receive medals  
KIDS DASH- All kids receive medals

### RACE HOTLINE

(310) 375-2626

### SPONSORS

**UCLA** Health

### RACE HEADQUARTERS

Make check payable to:  
Village Runner Racing  
Drop off or mail to:  
255 Avenida Del Norte  
Redondo Beach, CA 90277

For more info & to register online visit  
**WWW.VILLAGERUNNER.COM**

## 4<sup>TH</sup> OF JULY

### ENTRY FORM & FEES (OK to Copy)

5K Run/Walk \$40 After 6/05/24 \$45  
Kids' Dash \$40 After 6/05/24 \$45

Fees are non-refundable

### EVENT (Please check one)

☐ 5K Run / Walk ☐ 1/4 Mile (8-9) ☐ 1/4 Mile (6-7) ☐ Dash (4-5)  
9:30 a.m. 9:40 a.m. 9:45 a.m.

### DIVISIONS

(Check one)

M	F	M	F	M	F
<input type="checkbox"/> 8 & Under	<input type="checkbox"/>	<input type="checkbox"/> 35-39	<input type="checkbox"/>	<input type="checkbox"/> 65-69	<input type="checkbox"/>
<input type="checkbox"/> 9-12	<input type="checkbox"/>	<input type="checkbox"/> 40-44	<input type="checkbox"/>	<input type="checkbox"/> 70-74	<input type="checkbox"/>
<input type="checkbox"/> 13-17	<input type="checkbox"/>	<input type="checkbox"/> 45-49	<input type="checkbox"/>	<input type="checkbox"/> 75-79	<input type="checkbox"/>
<input type="checkbox"/> 18-24	<input type="checkbox"/>	<input type="checkbox"/> 50-54	<input type="checkbox"/>	<input type="checkbox"/> 80 & Over	<input type="checkbox"/>
<input type="checkbox"/> 25-29	<input type="checkbox"/>	<input type="checkbox"/> 55-59	<input type="checkbox"/>		
<input type="checkbox"/> 30-34	<input type="checkbox"/>	<input type="checkbox"/> 60-64	<input type="checkbox"/>		

First Name \_\_\_\_\_ Last Name \_\_\_\_\_ Sex **F** [ ] **M** [ ]  
Address \_\_\_\_\_ Birthday \_\_\_\_/\_\_\_\_/\_\_\_\_  
City \_\_\_\_\_ Zip Code \_\_\_\_\_ Age (on race day) \_\_\_\_\_  
Telephone \_\_\_\_\_ Email Address (please print) \_\_\_\_\_

WAIVER FORM: Entrant without signed Waiver Form will be returned. This waiver contains limitation of your legal rights. Your Signature below means you and/or your parent/guardian has read it and agrees with the statement below:  
WAIVER: In consideration of my, and/or my dependent's participation in the Village Runners 4th Of July Run/Community Walk and Kids' Dash, I hereby release and hold harmless The City of Redondo Beach, Village Runner, Village Runner Racing, USATF all of its sponsors, their affiliates, agents, servants, employees, volunteers, assigns successors, and heirs or distribution and all officials concerned for any acts, omissions, or negligence which may result in any bodily injury (including death) and/or property, loss of damage incurred by me arising out of or in connection with my and/or my dependent's participation in this event. I warrant that I and/or my dependent are in good health and have trained sufficiently for this event. I willingly assume any risk inherent in entering this event. This waiver extends to all claims of any kind and nature whatsoever, whether known or unknown. Further, I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for legitimate purposes.

PARTICIPANT

DATE

LEGAL GUARDIAN (UNDER 18 YEARS)

DATE