

MB | X

presents:

Wellness for the Total Athlete

A South Bay Symposium
Thursday, May 14, 2015
7:00-9:00pm
Mira Costa High School

Hear from physicians, therapists and coaches on how to build healthy, successful athletes today and into the future.

KEYNOTE SPEAKER

Christopher Giza, MD, UCLA

*Director of the UCLA Steve Tisch BrainSPORT Program,
Department of Neurosurgery*

PANEL DISCUSSION AND Q&A

Moderator:

Rumi Cader, MD, MPH, UCLA
Internal Medicine

Panelists:

Jason Hove, MD, UCLA
Family Medicine

Steve Gautreau, D.C.
Sports Injury Prevention, Rehabilitation

Reena Patel, MD, UCLA
Cardiology

Jacob Insler, Psy.D., M.A.
Sports Psychology

Hayley Lawson
Former D1 Athlete/Current MCHS Coach

**Parents, coaches, and students
are encouraged to attend.**

Tickets at www.mbxfoundation.org
Adults - \$10 (\$15 at event); Students - Free



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UCLA Health

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