



## *Pt. Fermin Flyers Running Club*

### *2013 Holiday 10 Mile / 5 Mile Run*

**When** Sunday, November 17, 2013, 8:00 am. Rain or Shine. Registration: 7:30-till start

**Where** Pt. Fermin Park, South end of Gaffey Street in San Pedro

**What** Run or walk from the park to the "wall" and back once or twice. Each "loop" is five miles. This is not an organized event. Please use caution, you will be on city streets. The Flyers will provide snacks and refreshments afterwards.

**Why** Join in the holiday spirit. Help us collect/purchase new toys for children. We will donate the toys to the Toberman House in San Pedro to distribute for Christmas.

**Cost** Bring a new **unwrapped** toy worth \$10.00 or a \$10.00 donation. The Flyers will assume all costs of the run to ensure that all proceeds are used for toys. Non-participant donations accepted.

**How** To participate, please complete the application below, read it, and sign the waiver. (Write your check to *Pt. Fermin Flyers*.) Bring it to the park before the run or mail it in advance to:

**Pt. Fermin Flyers, c/o Bonnie Winters, 3189 Alma St., San Pedro, CA 90731**



Name \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_ Sex M ☐ F ☐

Phone \_\_\_\_\_

In consideration of my entry, and of my own free will, I for myself, my heirs, executors, and administrators, forever waive, release, and give up any and all claims, demands, liability, damages, costs, and expenses of any kind whatsoever (including personal injuries to me or my wrongful death) against the Pt. Fermin Flyers Running Club, its officers, board, members, volunteers, representatives, agents, sponsors, which may arise from my participation in the event on Sunday, November 17, 2013, or while traveling to the event (and all local, county, state, and federal jurisdictions that the event goes over, on, or through) even if caused in whole or in part by the negligence or other fault of the parties or persons I am hereby releasing, by the dangerous or defective condition of any property or equipment owned, maintained, or controlled by them and/or because of their liability without fault. I fully understand I am forever giving up, in advance, any right to sue or make any claim against the parties I am releasing if I suffer such injuries and damages, even though I do not know what or how extensive those injuries and damages might be, and am voluntarily assuming the risk of such injuries and damages. I hereby attest and verify that I have adequate health and disability insurance sufficient to cover any and all physician, medical, hospitalization, and all related costs that I may sustain as a result of injury, accident, or sickness during the event and related activities. I hereby consent to receive medical treatment at my cost that may be deemed advisable in case of injury, accident, and/or illness during the event.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

For Registration Staff Use Only	Toy	Cash \$	Check \$